

## Packing list

### **Clothing:**

- Comfortable hiking shorts or skorts (combination skirt/shorts)
- Bathing suit
- Walking sandals (with good grip and straps) and/or “Amphibian” water shoes / waterproof shoes (see examples below)
- Workout/walking shoes with good grip (running shoes or trail hikers work well)
- Raincoat

If you will be participating in **yoga classes** we recommend comfortable form fitting clothing with a bit of stretch to it.

### **Other items:**

- Sunglasses
- Sweatproof/waterproof sunscreen
- Small travel back pack (can be used as your carry-on)
- Camera (incl. batteries and waterproof bag if you have one)
- Toiletries (remember that liquids are limited on planes/in carry-on baggage; check with your airline for the latest restrictions about this)

**Last but not least...don't forget your sense of adventure!**

**Example for “Amphibian”  
water shoes / Waterproof shoes**



**Example for sandals**



There is a limited selection of the following items available in our **gift shop**: Clothing (shirts, shorts, socks, underwear), caps, flip flops, “Amphibian” water shoes (see picture above), sandals, raincoats/ponchos, perfumes, first-aid items and personal items like toothpaste, toothbrush, deodorant, razors and shaving cream.

**Questions?** Email [questservices@junglebaydominica.com](mailto:questservices@junglebaydominica.com)