

BAMBOO SPA

OPEN DAILY 10:00AM-8:00PM • FROM YOUR ROOM DIAL 308

Massages

Jungle Bay Massage ~ Our signature massage. This treatment uses a unique combination of coconut, castor & bay essential oils to rid the body of muscular aches. This formula of local organic oils is applied using swift circular strokes, effectively aids the body in healing. 1h US\$ 115 ~ 30 min. US\$ 63.25

Tres Forte Massage ~ Using special techniques, the elbows and forearms are used to apply very firm pressure to deeper layers of muscles and connective tissues. This method loosens knots, releases tensions, toxins, resulting in pain relief, better circulation, flexibility and range of motion. 1h US\$ 115 ~ 30 min. US\$ 63.25

Couples Massage ~ Share the experience side-by-side with two therapists in our spacious couples massage room with your significant other or a close friend. To enhance romance, choose the aromatherapy blend "Love & Harmony". 1h US\$ 250 ~ 30 min. US\$ 125

Aromatherapy Massage "Relax" ~ Long soothing strokes combined with the scents of lavender helps to relieve stress and create calmness & wellbeing. 1h US\$ 109.25 ~ 30 min. US\$ 57.50

Sore Muscle Massage ~ Medium to firm pressure with a blend of essential oils to help to improve blood flow & reduce muscle tightness; perfect after long hikes. 1h US\$ 115 ~ 30 min. US\$ 63.25

Swedish Massage ~ This massage involves kneading strokes & rhythmic tapping, which invigorates muscles, improves circulation and relieves tension. 1h US\$ 115 ~ 30 min. US\$ 63.25

Pregnancy Massage ~ Designed for the expectant mother by utilizing proper positioning for comfort & safety; massage is beneficial in reducing stress, decreasing swelling and relieving aches & pains in joints. 1h US\$ 115 ~ 30 min. US\$ 63.25

Back Massage ~ Myofascial release along with deep tissue techniques are utilized to address chronic areas of tension in the back and shoulders. A massage of the head and neck is also included. 30 min. US\$ 63.25

Pied Mol - Soft Feet ~ Reward your feet with this treatment. It begins with a warm relaxing foot soak followed by a delightful massage of the feet and legs using 100% organic cocoa or shea butter. 30 min. US\$ 57.50

Foot Detox ~ Detoxifying, ionic foot bath is designed to restore the body's energy balance by removing toxins through the soles of the feet. A delicious cup of tea and a rejuvenating foot scrub with treatment. 45 min. US\$ 63.25

NAIL CARE

Spa Manicure 30 minutes US\$ 51.75

Spa Pedicure 45 minutes US\$ 63.25

Menu subject to change without notice. Prices in US dollars & inclusive of 15% Gov. Taxes (VAT)